

April 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 YOGA 9:30 - 10:30 CIRCUIT/CARDIO 10:30 - 11:30	2 YOGA 9:30 - 10:30 SPECIAL/COMBO 10:30 - 11:30	3 YOGA 9:30 - 10:30 BOOM 10:30 - 11:30	4	5
6	7	8 YOGA 9:30 - 10:30 CIRCUIT/CARDIO 10:30 - 11:30	9 YOGA 9:30 - 10:30 SPECIAL/COMBO 10:30 - 11:30	10 YOGA 9:30 - 10:30 BOOM 10:30 - 11:30	11	12
13	14	15 YOGA 9:30 - 10:30 CIRCUIT/CARDIO 10:30 - 11:30	16 YOGA 9:30 - 10:30 SPECIAL/COMBO 10:30 - 11:30	17 YOGA 9:30 - 10:30 BOOM 10:30 - 11:30	18	19
20 HAPPY EASTER	21	22 YOGA 9:30 - 10:30 CIRCUIT/CARDIO 10:30 - 11:30	23 YOGA 9:30 - 10:30 SPECIAL/COMBO 10:30 - 11:30	24 YOGA 9:30 - 10:30 BOOM 10:30 - 11:30	25	26
27	28	29 YOGA 9:30 - 10:30 CIRCUIT/CARDIO 10:30 - 11:30	30 YOGA 9:30 - 10:30 SPECIAL/COMBO 10:30 - 11:30			

