

CROSSLAKE PICKLEBALL CAMP

June 23rd -26th

- TWO DAYS OF CAMP; 4 DIFFERENT GROUPS
- 8 SPOTS AVAILABLE PER GROUP
- \$150 PP FOR BOTH DAYS (4HRS)

DAY 1

Group 1

June 23rd

Time: 1:00 - 3:00

Levels 3.0 - 3.5

Group 2

June 23rd

Time: 3:30 - 5:30

Levels: 3.75 - 4.0+

DAY 2

Group 1

June 24th

Time: 1:00 - 3:00

Levels: 3.0 - 3.5

Group 2

June 24th

Time: 3:30 - 5:30

Levels: 3.75 - 4.0+

DAY 3

Group 3

June 25th

Time: 1:00 - 3:00

Levels: 3.0 - 3.5

Group 4

June 25th

Time: 3:30 - 5:30

Levels: 3.75 - 4.0+

DAY 4

Group 3

June 26th

Time: 1:00 - 3:00

Levels: 3.0 - 3.5

Group 4

June 26th

Time: 3:30 - 5:00

Levels: 3.75 - 4.0+



THEMES PER GROUP

Group 1 & 3 (Levels 3.0 - 3.5)

How to...

- Get to the kitchen line
- Keep the ball low at the kitchen
- Keep your opponents back
- Serve and return deep
- Play against bangers
- Position yourself on the court

Group 2 & 4 (Levels 3.75 - 4.0)

How to...

- Stay in the point
- Drive and drop
- Shake n Bake
- Hit a 1, 2 combo
- Fast hands
- Master the transition zone
- Position yourself on the court

